



DEI MONTHLY NEWS

“How you behave when you are on top and have power and wealth, is your true character. In such moments, grace, courtesy, and humility shown to others reveal the real you.”

**— N.R. Narayana Murthy
Founder, Infosys**

(From Convocation Address delivered
at IIM, Ahmedabad on 2.4.2023)
(Source: University News, September 18-24, 2023)

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Section A : DEI

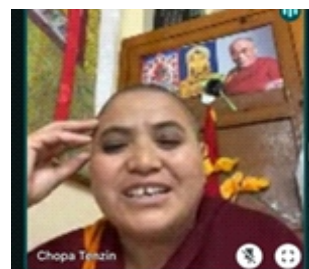
Three-Day International Workshop on 'Chanting Practices in Various Religions' Held



Shri Lokeshwara Kumar



Prof. Marcell Silva



Ms. Geshema Tenzin

A Three -Day International Workshop on 'Chanting Practices in Various Religions' was organized by Sanskrit Department, Faculty of Arts, Dayalbagh Educational Institute (Deemed to be University), Dayalbagh, Agra-5, U.P. from 1 to 3 November 2023 in Hybrid mode. The total number of participants in the Workshop was around 130.

The Workshop began with a lecture by Shri Lokeshwara Kumar V., Principal, Bhaktivedanta Gurukula, and International School, Vrindavan, UP. He delivered the lecture on Chanting in the Gaudiya Vaishnava tradition and explained the significance of the five A's in Chanting: 1) attraction 2) attention 3) absorption 4) attachment and 5) affection. After this, Dr. Shikha, Faculty at Sanskrit Department, Maitreyi College, Delhi University, explained the Chanting methods in Hindu Darshanas. She expounded on the types of Chanting in relation to different types of karmas, i.e., Nitya Jap; Naimitik Jap; Kamya Jap, and Nishidha Jap while Dr. Shobha Bhardwaj, Assistant Professor, Sanskrit Department, DEI, shed light on 'Krishna Mahamantra Chanting'.

Prof. Marcell Silva Steuernagel, Assistant Professor of Church Music at Perkins School of Theology, Southern Methodist University, Dallas, Texas, US, explained how and why Chants started and how they have become tools to reach the masses. He also demonstrated the correlation between written music text and the musical notes and the variations therein. Through personal demonstrations and videos, he highlighted the differences between Anglican and Gregorian schools of thought in chants.

Ms. Geshema Tenzin Lhadron, from Zaskar Valley in the Union Territory of Ladakh, India, who is one of the first 20 Tibetan Nuns to receive a doctorate in Tibetan Buddhism, explained about Chanting practices in Buddhism. She explained the significance of Chanting Mantras in Buddhism and how it benefits the practitioner to achieve peace. Mr. Ajmat, a Retired Indian Army Officer, explained the significance of Chanting in Islam. He said that all followers have to practice Namaz five times a day. This helps in connecting with the Supreme Being while living in the material world.

Former Head of Sanskrit Dept., DEI, Prof. Urmila Anand, clarified the significance of Chanting in Ra-Dha-Sva-Aa-Mi Faith. She explained how chanting helps gain attention and concentration during Meditation and opined that Chanting is an easier way to connect to the Supreme Being. Later, Dr. Darash Adhari, an Intern at the Music Department, DEI, explained the significance of the Chanting of the 'Ra-Dha-Sva-Aa-Mi' Mantra with different sounds resounding at different levels of higher Consciousness.

Dr. Surjeet Nagpal, Ph.D. in Theology from DEI, and a follower of Sikhism, explained the significance of Chanting Mantras in Sikhism. Prof. C.M. Markan of Physics and Computer Science Department of DEI explained the scientific studies related to Chanting practices. He shared the research where during and after religious chanting, participants displayed increased alpha frequency power similar to auditory block. He also explained the major Neurochemical pathways in the human brain.

Dr. Anita, Head of the Sanskrit Department, DEI, was the Organizer of the Workshop, and Dr.

Rubina Saxena, Assistant Professor and Coordinator of the Online MA (Theology), was the Convener.

Inter-School Competition Organized at DEI



The DEI Board Schools organized an Inter-School Competition on 16 December 2023 at the lawns outside the Convocation Hall of the Institute. The themes of the event were (i) Relationship between Nature and Nurture and (ii) Microcosm and Macrocosm. The event included students ranging from Preschool to Higher Secondary divided into four levels: Foundational, Preparatory, Middle, and Secondary. A total of 281 students from nineteen schools (including six schools of DEI) participated.

The panel of judges included Professors from different universities, eminent writers, retired teachers, and an IAS officer. Almost every school bagged some prize. The Champion Trophy was awarded to the Holy Public School, Agra, UP, based on maximum participation and prizes won by their team. As the Chief Guest of the function, Prof P K Kalra, the Senior Director of Dayalbagh Educational Institute gave away the prizes to the winners. The event was blessed by the August Presence of Most Revered Prof. Prem Saran Satsangi Sahab, Chairman of the Advisory Committee on Education (serving as a Think Tank for Dayalbagh Educational Institutions). The Grace was felt by both organizers and participants alike.

Faculty News

Faculty of Education

Innovation, Quality, and Valuation Day Celebrated

The Pupil Teachers of Faculty of Education on Internship at the Radhasoami Adivasi Senior Secondary School, Rajaborari, Dist. Harda, M.P. jointly celebrated the Innovation, Quality, and Valuation Day with the students on the eve of Deepawali, 11 November 2023. While the students of the school enacted a play and an action song on values, the interns recited Kabir's *dohas* and a *bhajan*. The programme was conducted and supervised by the B.Ed. interns.



Staff News

- Prof. Nandita Satsangee and Prof. N.P.S. Chandel were invited as Guests of Honour in the Inaugural Session of the National Seminar sponsored by the Indian Council of Social Science Research (ICSSR), New Delhi, titled "NEP 2020 - A Guiding Lamp for Making India World Leader." on November 25, 2023, at Shri Rameshwar Das Agrawal (SRDA) Girls' (PG) College, Hathras, UP.
- Prof. Sona Ahuja was invited to present 'Implementation of NEP at Dayalbagh Educational Institute (DEI) Board Schools' at the 52nd Annual Conference, organized by the Council of Boards of School Education in India from November 23-25, 2023. She has also been appointed as an Expert, Board of Studies in Education, Educational Administration and Physical Education of The Maharaja Sayajirao University of Baroda, Vadodara for three years w.e.f. 1 September 2023.
- Dr. Neha Jain and Dr. Shweta Agarwal acted as Resource Persons in District Level Skill Enhancement Programme "UDAY" of 15 days' duration, organized at Block Resource Centre, Barauli Aheer, Agra, from 2-11 Nov 2023 and 16-24 Nov 2023 respectively.
- Dr. Jyotika Kharbanda and Dr. Shweta Agarwal acted as members of the Jury at the 31st National Children Science Congress held at Kendriya Vidyalaya No.1, Air Force Station, Agra, UP, from 23 to 25 November 2023.

Faculty of Science

Staff News:

Professor Sukhdev Roy, Head, Department of Physics and Computer Science, DEI, was elected as Distinguished Fellow of the Optical Society of India (OSI), in recognition of his distinguished service and valuable contribution to Optics, at the International Conference on Optics, Photonics, and Quantum Information (OPTIQ-2023), held at the Cochin University of Science and Technology, Kochi, Kerala, India, from Dec. 11-13, 2023. He also delivered the Keynote Address at the 4th Global Webinar on Lasers, Optics, and Photonics, held on Nov. 29-30, 2023 on 'Computational Modelling of Optogenetic Control of Neurons and Human Cardiomyocytes'.



Students' Achievements:

- Ms. Priyanka Chaturvedi, a Research Scholar, Dept. of Botany, DEI won the Best Oral Session Award (Food Microbiology) + a Gift voucher worth EUR 200, at the AMI-SPRINGER NATURE 2023 AWARDS which were presented at the 64th Annual International Conference of the Association of Microbiologists of India (AMI 23), jointly organized by Bundelkhand University, Jhansi and ICAR- Central Agroforestry Research Institute, Jhansi, from 1 to 3 December 2023. Ms. Himani Parihar, a Research Scholar of the same Department, bagged the Best Poster Award (Industrial & Food Microbiology) at this Conference.
- Dr. Himanshu Bansal and Ms. Gur Pyari, Research Scholars in the Department of Physics and Computer Science, were awarded the Best Ph.D. Thesis Award (1st Runner-Up) with a Cash Prize, and Best Poster Paper Award, respectively, at the 6th IEEE International Workshop on Recent Advances in Photonics (WRAP-2023), at the Indian Institute of Information Technology (IIIT) Allahabad, held from Dec. 7 to 9, 2023.

Section B: DEI-ODE (Online & Distance Education)

From the Coordinator's desk



Sustainable Development is defined as development that meets the needs of the present without compromising the ability of future generations to meet their own needs. An event of great significance for the world was the adoption of seventeen Sustainable Development Goals (SDGs) by all United Nations member states in the year 2015 as a universal call to action to end poverty, protect the planet, and ensure that all people enjoy peace and prosperity by the year 2030.

The well-known economist Prof. Amartya Sen, Nobel Laureate has stated: *I believe that virtually all the problems in the world come from inequality of one kind or another.* Apparently, to counter their adverse effects, Goal 10 was introduced 'to reduce inequality within and among countries.'

The Association of Indian Universities organized a meeting of the Vice Chancellors on the theme 'Realising SDGs through HEIs for ensuring equality and Sustainable Society'. In the special issue of 'University News' for November 22-28, 2021, brought out by them on this occasion, Dr. Himanshu of JNU has contributed an article entitled 'Inequality in India: A Review of Levels and Trends' in which he has considered both monetary indicators of inequality (income/consumption and wealth) and non-monetary indicators (education and health). Some observations made by the author are noted below:

Detailed studies suggest that the last three decades have seen acceleration in the growth rate of national income and a subsequent decline in poverty. This growth has, however, been accompanied by an increase in inequality, possibly in all dimensions.

According to the author, 'the inequality has been largely driven by the changes in the labour market with an increasing share of capital at the cost of labour.'

It is pertinent at this stage to draw attention to an article by Prof. Arvind Panagariya of Columbia University on the editorial page of "The Times of India" of November 10, 2023, in which he has made the following observation: *The tragedy of India has been that it has invested nearly all its capital in sectors that employ very few workers, especially of the low – skill variety. Corporate India employs no more than 7-8% of the workforce. This has left the vast majority of workers with, at best, tiny amounts of capital to work with.*

While dealing with a similar type of problem, Prof. Raghuram Rajan and Rohit Lamba have made the following comment in an article named 'Services will Serve the Nation Best' in "The Times of India" of December 11, 2023, under the subtitle 'Getting the Basics Right':

We must start by strengthening our most important asset, the human capital of our 1.4 billion people. Our challenges start with early childhood stunting in our children caused by malnutrition, and poor learning outcomes in primary school. They continue with high dropout rates in school. We need more students to get vocational training, appropriate to the needs of modern industry, as well as more industry apprenticeships. We need many more high-quality universities to train the teachers that will improve college teaching, and do the cutting-edge research that can seed creative and innovative products in Indian business. Providing quality education and decent healthcare to our vast population will itself be a source of myriad jobs.

By imparting quality education at affordable cost, DEI has been serving the nation for over a

hundred years now. Its distance education programme operates in several rural and tribal areas like Rajaborari in the Satpura range of mountains in Madhya Pradesh where it has led several tribal women to form self-help groups with independent income generation.

The Chairman of the Advisory Committee on Education of DEI, Revered Prof. Prem Saran Satsangi Sahab has laid down the benchmark for the development of tribal areas which we follow. It reads – *“It is generally understood that the government could be fulfilling its duties towards tribals largely if it is able to restore them to their normal habitats. However, I think that this is not adequate. On one hand, we need to introduce modern development in tribal areas while on the other we need to conserve their traditional culture.”* There could be no better way to get rid of the inequality that haunts the country!

(Prof. V.B. Gupta)

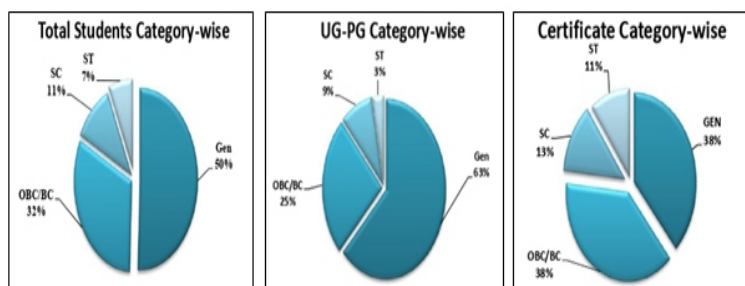
Student Enrolment and Student Profile Data for the Session 2023-24

In the 2023-24 session, the total enrolment in the Online & Distance Education Programme of DEI is 1165 students and as shown in the bar charts on the next page, 585 of them are in the five UGC-entitled degree-level online programmes while 580 are in the certificate-level programmes. The overall distribution is as follows: Category-wise General: Reserved- 50/50, Male: Female- 40/60 and Urban: Rural- 71/29.

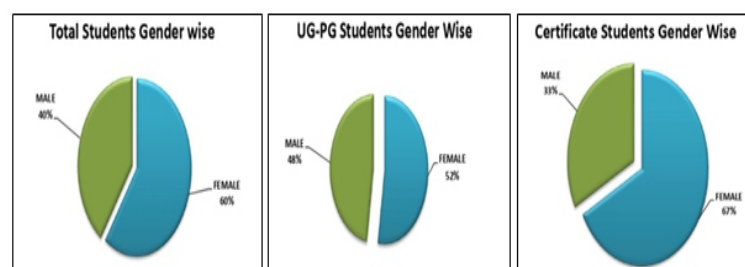
The certificate-level programmes have a relatively higher enrolment of Reserved category students and students from rural areas.

Programme	Number of Students
BBA 1 ST Year Online	88
BBA 2 ND Year	99
BBA 3 RD Year	82
B. Com 1 ST Year Online	57
B. Com 2 ND Year	84
B. Com 3 RD Year	88
BA SO. SC. 1 ST Year Online	6
BA SO. SC. 2 ND Year	8
BA SO. SC. 3 RD Year	3
M. Com 1 ST Year Online	20
M. Com 2 ND Year	39
MA Theology 1 ST Year Online	9
MA Theology 2 ND Year	2
DD&T	160
OACO	78
Sewing Operations	75
CERT. IN AGRI. SCI.	54
MVM (4 W)	44
Electrician	41
C&S	34
TD&P	30
MOM & SP	23
Wireman	16
M DD&T	10
BAT	6
Block Printing	5
Industrial Painting	4
Total	1165
Total (Degree Programmes)	585
Total (Certificate Programmes)	580

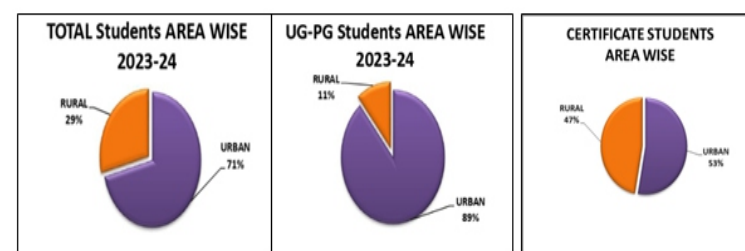
Category-wise

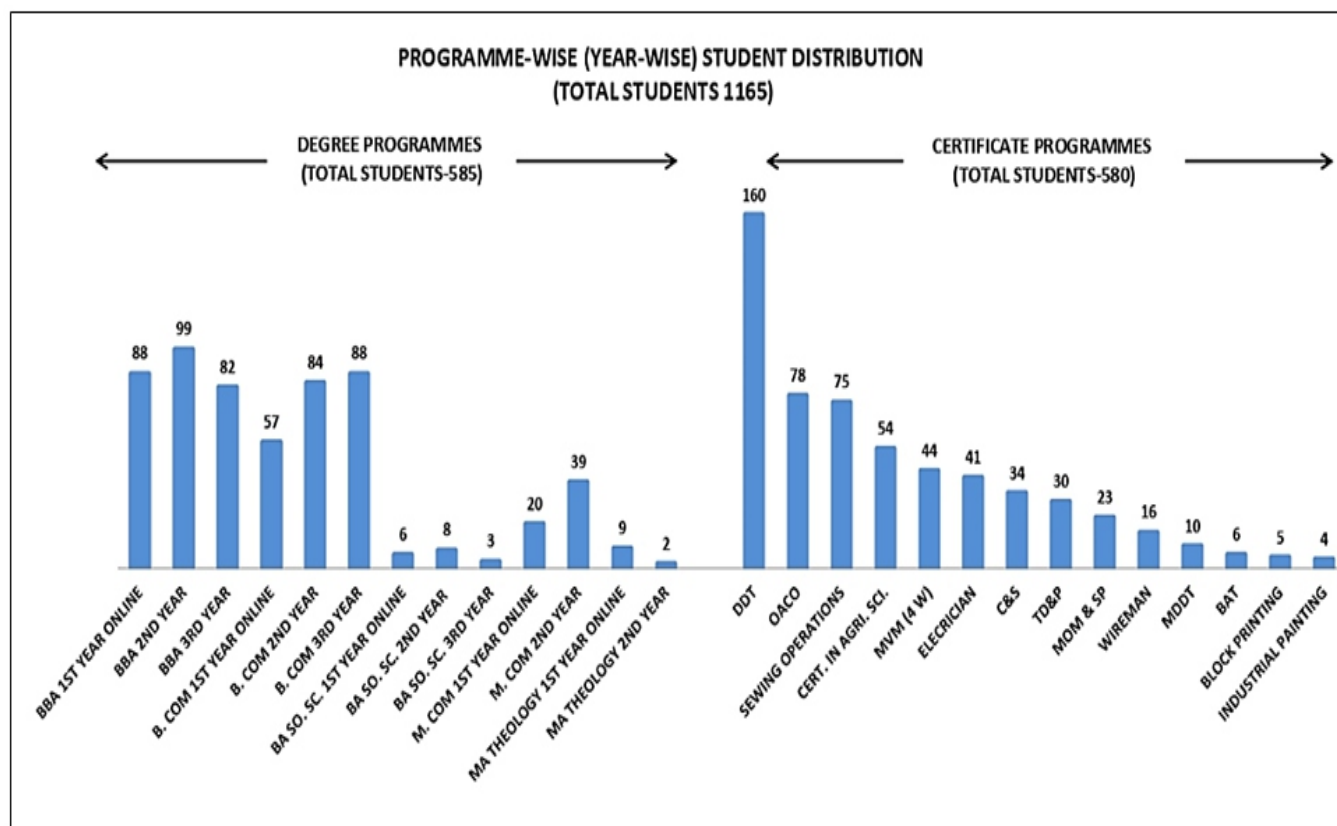


Gender-wise



Area-wise





News From the Information Centres

Roorkee Centre Organized 'Bharatiya Bhasha Utsav 2023'

'The Bharatiya Bhasha Utsav 2023' was celebrated on 11 December 2023 at DEI Roorkee Centre with great fun and gaiety. A short programme was organized in which Mr. Muneer Alam, General Manager, Tata Motors, Roorkee, was the Chief Guest and Mr. Brijesh Mishra, Service Head, Mahindra Automobiles, Roorkee, was the Guest of Honour. Students gave speeches on the importance of the event and sang songs in various Indian languages. One of the highlights of the event was the Student Food Court, where the students set up food stalls. Working models were also presented by students of the Electrician and Motor Vehicle Mechanic (4W) Programmes. In addition, Quiz Games were also held, providing the visitors with a fun and interactive way to learn about the event. Finally, there was also a Sale of garments, where visitors could purchase clothing and accessories produced by the students of the Institute's Cutting and Sewing programme.

Mr. Muneer Alam gave away certificates to the students who won prizes in various competitions held on this occasion. Mr. Brijesh Mishra appreciated the models prepared by the students and provided constructive feedback. The programme was attended by a large gathering of staff, students, and ex-students of the Centre along with other guests. The whole Centre premises was tastefully decorated. The programme commenced with the Institute Prayer, followed by the Centre In-charge's speech and Chief Guest's address and ended with the University Song. It is a matter of immense joy that Mr. Mishra was pleased to make a pre-placement offer to the students of the Motor Vehicle Mechanic (4W) Programme. By the Grace of Huzur Ra Dha Sva Aa Mi Dayal, this is the first time that such an offer has been made, which has given a tremendous boost to the morale of staff and students alike.

'Constitution Day' Celebrated at Gadiras (Sukma)



Constitution Day was celebrated at DEI Training Centre, Gadiras (Sukma), Chhattisgarh, on 25 and 26 November, 2023. On November 25, the newly admitted students of the Centre gave two-minute speeches on topics based on environment, yoga, education, physical security, nutritious diet, religion, Shri Bhim Rao Ambedkar, and the Constitution. On 26 November, Second Commanding Officer Shri Anami Sharan, Assistant Commandant Prajwal NP, and Advocate Shri Kailash Jain were invited as Special Guests. Shri Kailash Jain and Shri Anami Sharan Ji told the students about Constitution Day. Centre in-charge, Shri Vijender Kumar, gave information about DEI, and Dayalbagh and Mentor, Smt. Bhupinder Jeet proposed a Vote of Thanks.

'Krishi Diwas' Celebration at Gadiras (Sukma)



'Krishi Diwas' was celebrated at DEI Training Centre, Gadiras (Sukma) with all the students on 20 December 2023 in a befitting manner. The Programme started with the University Prayer in Sanskrit. A short lecture was delivered by the Centre In Charge, Shri Vijender Kumar, on the importance of the day, where he highlighted the need for society to be actively involved in agricultural work to enable the food security of all living beings. Smt. Bhupinder Jeet, one of the Mentors, also delivered a speech on the teachings of Param Guru Huzur Mehtaji Maharaj, the Sixth Revered Spiritual Leader of Ra Dha Sva Aa Mi Faith, and read the Message given by Him for all mankind including the principle of 'Waste Nothing'. She briefed the students about agricultural operations in Dayalbagh and also informed the students that Param Guru Huzur Mehtaji Maharaj's Birthday is celebrated as 'Krishi Diwas' in Dayalbagh. Sweets were served to the students on this occasion.

Exhibition cum Sale Organized at DEI Information Centre, Vijayawada



On December 17, 2023, an Exhibition cum Sale was organized in Vijayawada by DEI Alumni Placement Assistance Cell (APAC). Shri K. Srikanth Prabhakar, Additional Director of Handlooms and Textiles, State of Andhra Pradesh, was invited as Chief Guest to inaugurate the Exhibition.

Dr. Parul Bhatnagar, Head, Handicrafts Technical Training cum Incubation Programmes, DEI, Shri. V. Dakshina Murthy, CIC, Visakhapatnam Centre and Regional Coordinator, DEI APAC, Coastal Zone, Smt. K.G.A. Radha, CIC, Vijayawada Centre, Shri M.V. Satya Prasad, District Secretary, Vijayawada and Shri S.V.V.N.P.K.K. Raju, Branch Secretary, Vijayawada Satsang Branch were some of the other dignitaries who graced the occasion. Nearly thirty-two entrepreneurs from ten centres from Andhra Pradesh and Telangana states, and also from Mumbai, Bangalore and Dayalbagh, participated in the event.

The products exhibited by the entrepreneurs were Tie & Dye & Block Printed Sarees, Dupattas, Bed Sheets, Diwan sets, Pillow covers, Bags, Keychains, Ladies Garments, Children's Garments and Gents Kurtas. Nearly four lakh rupees worth of products were sold and the event was covered by the local media. By the extreme grace of the Almighty Lord and with the assistance of Vijayawada Branch members, all the entrepreneurs and the visitors were satisfied and the exhibition was a grand success.

Innovation, Quality and Value/Valuation Day Celebrations at Bangalore, Atlanta and Karol Bagh Centres



The Innovation, Quality & Value Day was celebrated at **Bangalore ICT Centre (Pic-1)** with immense fervour. To enable maximum participation, it was organised in a Hybrid Mode. The Programme started with the Prayer followed by a Welcome address by the Centre In-Charge. He gave a brief speech highlighting the importance of information about the AICTE and UGC for the faculty and staff. A brief note on 'Shiksha Diwas' was impressively read by Mr. Sahej followed by a presentation by Dr. Abhishek on 'Admissions-Revamped Standards for HEI Admissions'. In the end, the organisers along with the gathering rendered the University song. The programme was conducted flawlessly by Ms. Shweta Setia.

On November 12, 2023, **the Atlanta Centre (Pic-2)** celebrated 'Innovation, Quality, and Valuation Day' at the Satsang venue. The event witnessed an enthusiastic turnout of adults, alongside children and youth who actively engaged in various activities. The day commenced with a Khet seva, setting a tone of communal participation and service. Later, all recited the University Prayer in Sanskrit. A presentation comparing the celebration of Deepavali outside and inside Satsang was presented through mythological narratives and drawing parallels between the two realms of observance. Furthermore, fourteen youths eloquently spoke on diverse qualities and values encompassing duty, beauty, honesty, selflessness, loyalty, justice, humility, wisdom, courage, innovation, integrity, compassion, temperance, and peace. Their reflections not only showcased their understanding of values but also pledged their commitment to integrate these values into their daily lives. Additionally, a presentation highlighting Agroecology and its significance was given by one of the Mentors and students. The day culminated with the closing prayer, 'Tamanna' in Hindi. A contemplative ambience was created by incorporating Satsang values and celebrating true Deepavali in spirit.

The 'Innovation, Quality and Value Day' Programme at **Karol Bagh Centre (Pic-3)** started with the University Prayer followed by a presentation of an eminent scientist, Dr. C. Tara Satyawati, Director, Indian Institute of Millets Research, Hyderabad, Telangana on 'Sigma 6Q and the Increasing Importance of Millets in Diet'. Dr. C. Bharadwaj and Dr. Prem Shingari Verma also shared their views on the significance of the occasion. Finally, Shri. Rajiv Grover, Centre In-Charge proposed the Vote of Thanks and the Programme concluded with the University Song.

Section C: DEI Alumni (AADEIs & AAFDEI)***From the Editor's desk***

The core values that NEP 2020 now seeks to integrate with education, have for decades been an integral part of the DEI Education Policy. This Policy formulated in 1975 has been the foundation on which education at Dayalbagh rests, and has withstood the test of time. Those fortunate to have received education here, are excelling in all walks of life, and often return to their Alma Mater just to take a walk down memory lane or meet their mentors and teachers. These meetings are marked with affection, nostalgia and much gratitude on both sides. We as teachers and mentors as well as the students who study here are fortunate to be part of an educational system which is unique and Blessed. As we complete 106 years of Education at Dayalbagh, we look forward to another year in our ongoing quest for excellence and another step closer to our ultimate objective of education which is complete emancipation, freedom from all pain and misery and a state of everlasting Bliss.

Do share your comments and contributions at aadeisnewsletter@gmail.com. Your response will be deeply appreciated!

A Transformative Approach to Including Mental Health in India's National Education Policy (NEP) 2020

Ruchi Gautam, Ph.D. (IIT Kanpur); M.S.Sc Psychology (2002-2004 Batch), B.S.Sc Psychology (Hons) (1999-2002 Batch), DEI

Currently, Chief Counsellor & Associate Professor of Psychology, Sharda University, Gr Noida



The National Education Policy (NEP) 2020 of India is a forward-thinking plan that acknowledges the need for a comprehensive approach to student development and the inherent connection between education and mental health. Seeking to create a supportive learning environment, the educational system prioritizes both students' academic success and emotional well-being, through a harmonious integration of NEP 2020 with a concentrated emphasis on mental health.

NEP 2020 functions as a compass which takes India's educational trajectory in a progressive direction. It is by its very nature aspirational, visualizing an educational system that embraces a wider range of student needs and transcends traditional thinking. Acknowledging the mutually beneficial connection between education and mental well-being, the Policy presents a comprehensive plan to establish an environment that promotes adaptability, emotional intelligence, and psychological well-being.

The inclusion of mental health in NEP 2020 is more than just an addition; it signifies a profound change in viewpoint. Education is now considered the foundation of holistic development rather

than existing in a vacuum. It is essential to recognise that students bring their emotional landscapes to the classroom on an individual basis, and a comprehensive education system needs to address these nuances.

Aims:

NEP 2020 highlights the need of placing a high premium on students' mental health. The integration process aims to change education in such a way that emotional resilience is valued equally with intellectual accomplishment.

In acknowledgment of the various types of stress that students face, NEP 2020 seeks to incorporate stress reduction strategies within the educational framework. This means creating a curriculum that thoughtfully strikes a balance between academic rigour and leisure-based pursuits that promote a mental state that is refreshed and stress free.

Addressing the stigma attached to mental health issues, NEP 2020 breaks with tradition. Integration strategies include public awareness campaigns, educational initiatives, and counselling services. These strategies encourage an honest conversation about mental health and foster compassion and understanding.

Key Points:

- Inclusive Support Systems, which as part of the integration process, can create inclusive support networks inside schools. This entails forming peer support groups, organizing mental health education seminars, and counselling services, in order to make sure that students have easy access to resources for their general wellbeing.
- Skill Development for focusing on integrating coping mechanisms and resilience-building methods within the curriculum aligns with NEP 2020's broader purpose of life skill development. As a result, students have the ability to successfully deal with the rigours of life.
- Comprehensive teacher training programmes are given priority in the integration process in order to establish a supporting ecosystem. In line with NEP 2020's goal of having well-prepared and well trained educators is the aim to contribute to holistic student development. This entails giving educators the tools they need to identify warning indicators of mental health problems and offer basic help.

Collaborative Strategies for Effective Implementation:

In the field of education, counsellors work in tandem with parents, teachers, and the community to enhance students' mental well-being and increase their attendance in school. Policies now emphasise how vital it is to have mental health specialists in schools in order to address children's emotional well-being. Involving parents, instructors, and students in the process of determining the causes of dropout rates, counsellors is essential. This cooperative method aggressively encourages students to come back after diagnosing and solving problems. Counsellors assist students in reintegrating into society and monitor student absences. Working together with educators from the school guarantees that every child engages in active learning and contributes to the development of a welcoming, encouraging learning environment that prioritises both academic achievement and mental well-being.

Possible Outcomes:

- Enhanced Academic Achievement: It is anticipated that including mental health efforts will enhance academic achievement. It is anticipated that students who are in better mental health will be more attentive, involved, and open to learning, which will ultimately improve

their general academic performance.

- **Lower Dropout Rates:** Reducing dropout rates is the goal of addressing mental health issues. By preventing kids from disengaging owing to untreated mental health disorders, early detection and intervention can increase retention rates and provide a more educated population.
- **Improved Life Skills:** Integration initiatives are positioned to give students essential life skills, such as stress reduction, effective communication, and problem-solving strategies. These abilities help students in their academic endeavours and equip them for obstacles outside of the classroom, making them more resilient citizens.
- **Good School Culture:** Including mental health activities promotes a helpful and upbeat school climate. As a result, students feel more included and supported in their academic and personal development, which in turn fosters a sense of belonging among them.

In conclusion, visualizing NEP 2020 through the lens of mental health underscores a commitment to creating well-rounded individuals. In order to develop students who are both academically and emotionally robust, mental health efforts can be matched with educational practices. This will benefit society by creating a more caring and healthier environment.

References: Ministry of Education, Government of India. (2020). National Education Policy 2020.

Alumni Bytes...

“The biggest takeaway from education in Dayalbagh is...”

“Dayalbagh and DEI have been integral part of my life right from my nursery school days till my UG. Not only did DEI give me the right education, it also gave me the core values such as ethics, equality, *sahyog*, *sangathan* and selfless service. These values have shaped my outlook and kept me grounded. DEI not only taught me to be a better human being but also helped me progress in my professional and personal life. I am grateful that I have been blessed with the opportunity to study at the Dayalbagh Educational Institute.”

-Suniti Kaushal, DEI Technical College (Batch 2009- 2012), Currently working in Honda India Power Products as Senior Engineer (Maintenance & Utility)

“...the spirit of hard work, the fact that studying at Dayalbagh was never a burden but a pleasure, and most important of all, the core value of dignity of labour. Learning that no work is big or small and to take up any task however difficult, without hesitation, has helped me to contribute effectively and gain respect at my workplace.”

-Gur Pyari Mandal, DEI, B.A; B.Ed; (Batch—1999-2002; 2002—2003)

Currently teaching at Uchh Prarthamik Vidyalaya, Composite, Dheemarpura, Block Shamshabad, District Agra.



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