Dayalbagh Educational Institute (Deemed to be University)



DEI MONTHLY NEWS

"For millions of years, mankind lived just like the animals. Then something happened which unleashed the power of our imagination. We learned to talk and we learned to listen. Speech has allowed the communication of ideas, enabling human

beings to work together to build the impossible. Mankind's greatest achievements have come about by talking, and its greatest failures by not talking. It doesn't have to be like this. Our greatest hopes could become reality in the future. With the technology at our disposal, the possibilities are unbounded. All we need to do is make sure we keep talking."



- Stephen Hawking

SECTIONS

Section A	:	DEI	3
Section B	:	DEI-ODE (Online & Distance Education)	6
Section C	:	DEI Alumni (AADEIs & AAFDEI)	•••

9

CONTENTS

Section	A:	DEI
----------------	----	-----

1.	Republic Day Celebrations	3
2.	Lectures Held as Part of the Distinguished Lecture Series	3
3.	Founder's Day of DEI Celebrated with Zest	4
4.	German parliamentary Delegation Visits Solar-Agri Farm at DEI	4
5.	Faculty News	5
	Faculty of Science	. 5
	Students' Achievements	5
	DEI Technical College	5
6.	School News	5
	DEI Prem Vidyalaya Intermediate School	5
Se	ection B: DEI-ODE (Online & Distance Education)	
7.	From the Coordinator's Desk	6
8.	News From the Information Centres	7
	Founder's Day Celebrations 2023	. 7
Se	ction C: DEI Alumni (AADEIs & AAFDEI)	
9.	From the Editor's Desk	9
10.	Consciousness Towards Conservation Biology Through Wildlife Photography	9
11.	Nature's hand in Deep Listening	. 10
12.	Mentoring Excellence Program: A Progress Report	. 11
13.	Alumni Bytes	12
Nov	vs Committees	12

Section A: DEI

Republic Day Celebrations







The 74th Republic Day of the nation was celebrated at the Institute with immense grace and solemnity, under strict adherence to the Pandemic norms. Since the occasion coincided with the auspicious Basant festival this year, the celebration witnessed much greater zeal and passion amongst the DEI fraternity. Shri Gur Swarup Sood (IDAS-Retd.), President, Radhasoami Satsang Sabha, and Dayalbagh Educational Institute (Deemed to be University), was the Chief Guest of the Event. Apart from the usual ensemble of activities like presenting the Guard of Honour before the Chief Guest, Flag Hoisting, Rendition of the National Anthem, and Grand March Past by the Contingents of Sant(superman) Evolutionary Scheme and DEI Nursery and Play Centre, various Schools, Colleges, Faculties and Vocational Programmes of DEI, a cultural extravaganza was also organized to express the double joy. Students paid homage to the people who gave supreme sacrifices or became martyrs for the nation through zealous Dramatic Performances, Patriotic Songs, PT Drills, and Action Songs. The Scout Song of Dayalbagh was also sung during the Event. The highlight of the celebration was the inspiring presentation of the Self-defence Drill by the members of the Rapid Action Force, established by Dayalbagh Authorities for training girls and women to combat different forms of threats and menace.

While addressing the gathering, Shri Sood remembered the people who made sacrifices to win back the glory of India and briefly highlighted the salient features of our dynamic Constitution. He urged the students to strive to become able citizens of India and shared with them the significance of the Principle of Aris-Demo (aristocracy of the spirit and democracy of individuals) forming the strong foundation of the social structure of Dayalbagh. In his turn, Prof. PK Kalra, Director, DEI, shared the latest feats and endeavours of the Institute in serving the last, the least, the lowest and the lost sections of society and exhorted the students to become active contributors to attain this lofty mission. The Programme ended with the Institute Song followed by a Vote of Thanks.

Lectures Held as Part of the Distinguished Lecture Series

The Dayalbagh Educational Institute (Deemed to be University) Distinguished Lecture Series (Erstwhile Diamond Jubilee Memorial Lecture Series of REI) had two Lectures organized for the session 2022 - 2023. On 17 December 2022, Shri Vijay Kumar Thallam, I.A.S. (Retired), Executive Vice Chairman, Rythu Sadhikara Samstha (A Government Corporation for Farmers' Empowerment) and an Ex- officio Special Chief Secretary (Natural Farming), Agriculture and Cooperation Department, Government of Andhra Pradesh, gave an Invited Talk. He spoke on the topic, "Farming in Harmony with Nature – for People and the Planet – A Solution for Multiple Emergencies: Lessons from AP Community Managed Natural Farming." This lecture was jointly organized with the Systems Society of India (SSI).

On 7 January 2023, Dr. Michael Grubb, Professor of Energy and Climate Change, University College London, UK, gave a Lecture on the topic, "Energy, Climate and the Economics of Innovation". This lecture was jointly organized with the Society for Preservation of Healthy Environment and Ecology and Heritage of Agra (SPHEEHA), The (Dayalbagh) Radhasoami Satsang Association of Europe Property Holding Charitable Incorporated Organisation (DRSAE CIO) and the Systems Society of India (SSI).

Founder's Day of DEI Celebrated with Zest







Like the previous years, in fond memory of the Most Revered Dr. M.B. Lal Sahab, Founder of the Dayalbagh Educational Institute (Deemed to be University), the Institute celebrated His Birth Anniversary, on 31st January, as Founder's Day. Amidst all precautions concerning the still lurking Pandemic, the Institute opened its buildings, labs and facilities for visitors to get a glimpse of various dynamics of education followed at its headquarters as well as associated centres all around the world. The DEI fraternity put its best foot forward to provide a graphic overview of the substantial policies, favourable work culture, sustainable approach and innovative researchmindedness followed in all its educational programmes and segments. The vicinity looked resplendent with every corner well decorated and showcasing the success stories of the academic efforts of students as well as the faculty members. The massive Exhibition organized at the Central Playground displayed an impressive array of models, exhibits, products and presentations where the complete range of a plethora of multifarious programmes and ventures of DEI could be witnessed. While games, cultural presentations and food stalls provided a carnival-like entertainment quotient to the event, the pleasant melodies of Bhakti Sangeet bestowed a spiritual aura on the Campus. In the evening, all the buildings of the Institute were bedecked with mesmerizing colourful lighting to provide a befitting climax to the celebrations.

German Parliamentary Delegation Visits Solar-Agri Farm at DEI







A delegation consisting of the Chairman and some members of the Budget Committee of German Bundestag visited the Solar-Agriculture Farm in the Dairy campus of the Dayalbagh Educational Institute on 12 February 2023. The purpose of the visit was to see the Solar-Agriculture Farm at DEI as a success story of integrated Solar Agriculture farming. They were also interested in the community-based model of agriculture, healthcare habitat and sustainable development initiatives implemented by the Dayalbagh Educational Institute.

The visit took place on the recommendation of Indo – German Energy Forum and National Solar Energy Federation of India. An elaborate exhibition showcasing the enormous variety of activities in pursuance of the UNDP Sustainable Development Goals, Research and Development including Research Platforms and the innovative scheme of education of DEI was organized by the staff and students.

The committee very much appreciated the concept of the Solar-Agriculture farm, popularly known as Agrivoltaics, as implemented in Dayalbagh, and raised several queries regarding the same which were duly answered. They were quite impressed by the skilling, community-based model of agriculture, healthcare habitat, and sustainable development initiatives implemented in Dayalbagh. The overwhelmed Prof. Helge Brown, the Chairman of the delegation, gave the following message, signed by all the members of the delegation:

"Thank you for the amazing insight in your work. It shows the way to a good future by doing best education and high-class research."

Faculty News

Faculty of Science Staff News:

A Core Research Grant (under Exponential Technologies) from the Department of Science and Technology- Science and Engineering Research Board (DST-SERB) has been awarded to Dr. Shiroman Prakash and Dr. Dayal Pyari Srivastava of the Department of Physics and Computer Science. The project is entitled "Magic State Distillation with Qudits", and aims at studying mathematical approaches to fault-tolerant quantum computation using qudits of odd prime dimension. The project is inspired by the renowned paper "From n-qubit Multi-Particle Quantum Teleportation Modelling to n-qudit Contextuality Based Quantum Teleportation and Beyond" by Dayal Pyari Srivastava, Vishal Sahni & Prem Saran Satsangi published in the International Journal of General Systems, Volume 46, 2017 - Issue 4.

Students' Achievements:

Research Scholars Krishan Kant, Navneet Kaur, and Shalu Gupta of Botany Department participated in the International Conference on Global Approaches in Agriculture and Allied Science for Sustainability, Food Security and Livelihood (GAASFSL-2023) at Agra organized by SVPSS, Prayagraj, Agra College and MAHG University, Garhwal, Uttarakhand from 21 to 23 January 2023. Krishan Kant presented an oral presentation on "Effect of Aloe Vera Extract on the Cultivation Practices of Rosa Damascena Mill (Damask rose)" and won the Best Oral Presentation Award. Shalu Gupta presented a Poster Presentation on "Foliar Application of Spermidine Confers Salt Stress Resilience in Andrographis Paniculata NEES" and won the Best Poster Presentation Award. Navneet Kaur presented a Poster Presentation on "Effect of Foliar Application of Nitric Oxide in Curcuma longa L Under Salinity Stress" and won the Best Poster Presentation Award.

DEI Technical College: Staff News:

An award for 'Most Cited Article' was conferred on Dr. Navin K Dev for his paper entitled "Industry 4.0 and Circular Economy: Operational Excellence for Sustainable Reverse Supply Chain Performance" in the Resources, Conservation & Recycling (Elsevier Journal). The paper received the highest number of citations received in three years following its publication in the Journal on 1 February 2023.

School News:

DEI Prem Vidyalaya Intermediate School:

- Ms. Saloni Singh and Ms. Vineeta Kumari of class XII were selected for March Past on 26th January 2023 at Police Line Agra.
- On 7 and 8 February 2023 an International Conference was organized on the topic "Sound Consciousness in Various Religions" by the Sanskrit Department, Faculty of Arts. Dr. Arti Singh of DEI Prem Vidyalaya also presented a paper titled "Radhasoami Mat Mein Shabd Chetna". An exhibition also took place on this occasion in which various exhibits were displayed by the Home Science, Textile, and Science students of DEI Prem Vidyalaya.
- On 3 February 2023, a One-Day Workshop on Kathak dance was organized by the Music Department at Dayalbagh Educational Institute, in which internationally renowned Kathak Dancer, Vidushi Kajal Sharma, guided the students. The enthusiastic performance of the students of Prem Vidyalaya in this Workshop was commendable.



Section B: Online & Distance Education

From the Coordinator's desk

The Organisation for Economic Cooperation and Development (OECD) came out in the year 2022 with a paper entitled 'Building the Future of Education – 2023'. The paper is structured in three parts as follows.

- 1. The changing environment in which education is delivered: This is considered under five sub-headings as follows:
 - (i) Learning for an uncertain future: The challenges educators and education policy makers face are: how can they educate learners for jobs that have yet not been created and how to make use of technologies that have yet not been invented. In this context, lifelong learning has become an expectation for all.
 - (ii) Education for a New Social Contract: Education's unique potential to reduce inequalities and build strong foundations for inclusive and democratic societies is widely recognised.
 - (iii) Digital Transformation: AI, cloud computing, big data, IOT, virtual reality and other forms of digitalization are fundamentally reshaping the world.
 - (iv) Re-imagining the Purposes of Education: A new "science of learning" is emerging composed of building blocks from cognitive psychology, neuroscience, brain research and social psychology which offer major opportunities for education systems.
 - (v) Diversifying Landscapes of Education and Skills: There is now a recognition of diverse actions in society offering learning opportunities which include families, health and welfare systems, politics, religion, social media, employers, etc.
- 2. The focus areas of OECD in education and skills: Intergovernmental collaboration in education within OECD is encouraged to support jurisdictions in their efforts to achieve high quality lifelong learning for all, which contributes to personal development, sustainable economic growth, and social cohesion. In the OECD work this is explicated through four foci:
 - Learners have the opportunity and agency to learn in formal, non-formal and informal environments.
 - Learners are supported by capable and professional educators.
 - Educational institutions provide learning opportunities in high-quality, equitable, cost-effective, and innovation-friendly ways.
 - Education systems deliver on economic and social outcomes for the benefit of societies.
- 3. Future work of OECD in Education and Skills: These include:
 - (i) Strengthening societal benefits of education
 - (ii) Approach learning in an integrated and balanced way, and
 - (iii) Make lifelong learning the guiding concept.

OECD has laid down the following three conditions for future-oriented work in education.

- (i) Improve the understanding of human learning
- (ii) Go beyond formal education
- (iii) Widen the concept of equity and inclusion in education

OECD has laid down two imperatives for policy development in education, viz:

- (i) Improving cost efficiency in education
- (ii) Focus on innovation of education.

DEI already satisfies most of the pre-requisites laid down by OECD. For example, its ICT continuous education centre has a number of Short term programmes of the type indicated. A very robust Online & Distance Education Programme has several modules which are entrepreneurship—and employment—oriented.

DEI is a very special HEI in several other respects also. As indicated in various earlier issues of the newsletter, it qualifies to be an innovation university or a vocational university (with 21 B.Voc programmes and M.Voc programmes and 20 certificate level vocational programmes) or an ecological university (with areas of land for agro-ecological-cum-precision farming, societal commitment to the neighborhood – Medical Camps, etc.) and having several unique features which promote Women's empowerment, development of local and neighbouring environment, creation of a sustainable healthcare habitat through Sigma 6QVA, etc.

(Prof. V.B. Gupta)

News From the Information Centres





- Information Centre Murar celebrated Republic Day with great enthusiasm. The Satsangi brothers and sisters residing at Satsang Colony Murar, and others were invited to view the celebrations. Students of all streams & Teachers attended the transmission from headquarters. March Past & Pledge-taking were also organized. Ms. Sanjida, a student from OACO Programme presented an English Speech. Boys students of the Electrician Course presented an action song and a DDT Student Ms. Madhuri presented a self-composed *Shayari* on this occasion.
- DEI ICT ODL Campus, Bangalore organized an Exhibition cum Sale of products manufactured by students of DDT and TDP under the guidance of DDT Mentor Mrs. PSM Lakshmi and TDP Mentor Mrs. Parul and their staff on 5 February 2023. Also, LED Bulbs (TEJ) of 9 Watts, designed by the I/C of the Incubation Centre Mr. T. Preetam, and assembled by students under the direction of the faculty members, were available for sale. In addition to these, the information on all the Programmes/Courses that DEI ICT, Bangalore Centre offers was also made available to the visitors. The exhibition was commended by one and all.

FOUNDER'S DAY CELEBRATIONS 2023

One of the most cherished occasions celebrated across DEI Fraternity is Founder's Day, which is celebrated as the 'Open Day' as the Institute opens its Gates for visitors to peep into its value-oriented, innovative and socially relevant practices in both academic and non-academic sectors. A brief overview of the multi-faceted activities organized at different Centres of DEI is presented below:

At the **Vizag City Centre**, the Centre in charge invited all for the event and introduced the Guests Ms. V Raja Kumari (Vice Principal, Alwardas Public School) and Shri. V Dakshina Murthy, Centre In charge, Dayal Nagar DEI Centre. Shri. V Dakshina Murthy explained the importance of Founder's Day and stressed the need for starting textile-related courses in the Centre by MOU with educational institutions. He also asked the students to give suggestions and relate their experiences. At **Murar Centre**, during the Event, the Life History of the Most Revered Dr. M.B. Lal Sahab was presented by one DDT student. Electrician Students presented a patriotic-themed Nukkad Natak. Register- Balancing Race, Bat-Ball Balancing race, Slow Cycle Race, Bora Race, Monkey Race, etc. were also conducted during the celebrations. Students prepared and displayed Working Models like Thermal power, Rainwater Harvesting, Solar Panel, Recycle Energy Generators, etc. All classrooms of respective courses were decorated with the Tools, Equipment and Charts prepared by students.

MGRSA Regional President Shri. P.S Malhotra was the Chief Guest of the event at **Pune Centre**. District Secretary, Shri. Soami Das was also present at the event. Mrs. Vidhi Nigam compered the programme. An interesting quiz based on Founder's Day was conducted by Shri. Amal Sinha. A presentation on the "Importance of Theology" was delivered by Shri. Gaurav Bhalla. A Word-Search Puzzle featuring Satsang Culture and Consciousness, prepared by Tamanna Bhavnani was given to the audience to solve followed by an open discussion moderated by the Center In charge Ms Vinita Bhavnani regarding the normalcy post covid-19 pandemic. At the **Chennai Centre**, the garments made by the students of the Dress Designing and Tailoring Course as well as the Research Projects of the Theology students were displayed at the Chennai Centre. Members of the Chennai Satsang branch and others visited the Centre and appreciated the exhibit of products made by the students. Holy *Sabdas* were also recited by the Chennai Centre Faculty members and students.

At **Panvel**, the Centre was decorated with beautiful rangolis. An enlightening speech was given by a senior alumnus of DEI about the beloved Founder of DEI and the core values of the Institute. The students absorbed and appreciated the real meaning of value-based education. The students

introduced themselves and spoke briefly about their motivation to join the courses. They also participated in innovative games organized for them. DEI Information Centre **Mumbai** wore a festive look with decorations to commemorate Founder's Day on 31 January 2023. The celebrations at the Mumbai Centre started by paying obeisance at the Holy Feet with the University prayer followed by a path recitation in chorus. The Centre In-charge highlighted the significance of Founder's Day. This was followed by Bhakti Sangeet, *Shayri*, recitation of poetry, and accounts of experiences of the participants. The celebrations ended with a prayer and the University Song.

Founder's Day was celebrated at DEI Information Centre **Deoghar** with reverence and devotion. A gathering of 50 guests including some ex-students joined on this auspicious day. Everyone actively contributed to make the occasion a grand success. Sweets were distributed and shared at the end of the function. At the **Roorkee Centre**, the auspicious day was celebrated with great enthusiasm. The campus was bedecked with LED lighting and was aesthetically decorated with colourful buntings. The Centre in charge in his welcome address explained the importance of this auspicious day along with some salient points on DEI education. A 'Bhakti Sangeet' programme was organised in which all the teachers of the Centre recited 'Shabdas' from the Holy Books. The melodious rendition of the Bhakti Sangeet transmission from DEI was also received.

The Open Day was celebrated with great enthusiasm and gaiety at **Bhopal Centre**. A vibrant programme was presented before the audience. A welcome speech was delivered by the Centre In charge, Mrs Komal Kapoor followed by a rendition of a self-composed poem by Dr D P Singh dedicated to the Revered Founder Dr M B Lal Sahab. Other interesting activities included an informative session 'BALANCE YOUR FOOT. OBSERVE. THINK. ACT'. The participants of all age groups enjoyed and enhanced their knowledge. Dayalnagar, Visakhapatnam Centre celebrated Founder's Day with zeal and enthusiasm. The Branch secretary, Dr I Venkat Rajesh, the District Secretary, Mr K Muralidhar Rao, residents of the Satsang colony, students and staff members participated to make the event successful. The Chief guest of the function was Prof (Dr) Akkubhutla Sarma, a retired Professor of Sanskrit, from Andhra University. Dr I Rajesh Venkat, Branch secretary gave the opening remarks. The Centre In charge, Mr V Dakhina Murthy gave remarks on the importance of the Day and read a biographical note on the Revered Founder of the Institute. The Chief guest addressed the gathering and spoke about the importance of education and ways to develop self-confidence. An exhibition of items prepared by the students of different programmes was also organized. The occasion was celebrated with great zeal and gaiety at Ludhiana. The programme started with Prayer followed by the University song, and the lighting of the lamp by the Chief Guest, Mr G S Rai. The premises was beautifully decorated with charts, models, working models, lighting, buntings, balloons etc. All the students from Electrician, MOMSP, DDT, MVM, BBA and BCOM classes participated actively.

At Karolbagh Centre a short cultural programme was presented by the students highlighting the significance of the Day. Other items included a recitation of patriotic poems and an action song presented by a member of Sant (Su)perman Evolutionary Scheme. Some of the dignitaries shared their job experiences and gave valuable insights to the students. The Centre In charge, Mr Rajiv Grover gave the vote of thanks, and the programme concluded with the University Song'.

At Secunderabad Centre the Founder's day was organised in a virtual mode with participation from Alumni, Faculty and other invitees from twin cities. The Centre in charge proudly shared how DEI is continuously standing unique in showing excellence in its academic pursuit. The speakers covered the life history of the Revered Founder Dr M B Lal Sahab. Sant Su(per)man scheme children presented science experiments. An Alumni played a kriti on Veena. A complete video of artefacts made by the students from Dress Designing and Tailoring and Block Printing over the last 14 years was shared with all the participants.

Amongst the overseas DEI Centres, **Toronto Branch** celebrated Founder's Day at Satsang Ghar in Cambridge, Ontario. Some special experiences of the Grace and Mercy of the Almighty drawn from the *Special Souvenir* were presented by children of CRC. The kids of Superman Scheme read out a bachan of Param Guru Huzur Mehta Ji Maharaj. Following this, children and youth recited Holy *Sabdas*. **Atlanta Branch** celebrated Founder's Day along with Basant celebrations. Students and adults from Atlanta, Dallas, Florida, and Houston came together virtually to celebrate this special occasion. The programme

included an opening prayer rendered by Atlanta children, an 'e-visit (a virtual tour) to Dayalbagh' conducted by Mrs. Geeta Patel, a conversational session by Mr. Som Nemani in which children conveyed Basant facts and messages in English, Hindi, and Sanskrit languages, a 'Happy Birthday Basant' session conducted by Mrs. Madhulika Nemani, a presentation on Revered Dr. Makund Behari Lal Sahab, by Mr. Vasanth & Mrs. Shabda Yadagiri and a closing prayer sung by the Houston children.



Section C: DEI Alumni (AADEIs & AAFDEI)

From the Editor's desk

A teacher asks, "Have you seen the shadow cast by a full moon?" For millions of children in the world, the answer is no, because instead of a sky there is a continuous brown haze over cities. Earthquakes, uncontrollable deforestation and rising pollution levels prove that we have failed to balance economic progress with environmental care. The article in this issue on the use of wildlife photography for creating awareness, points to one of the many ways to conserve and protect. If we are serious about conservation, then the time to act is now, before it is too late! The value system embedded in the Dayalbagh way of life, particularly a life lived close to nature, is well brought out in the article, "Nature's Hand in Deep Listening". According to an old Native American legend, and its interpretation by those who passed it on to their children, a hummingbird, trying to put out a forest fire by carrying water in her little beak was laughed at, by other animals. Her answer was, "I am part of the forest and the forest is part of me. I know I can't put out the fire but I must do my part! If we cannot find solutions to all the problems of the world, we can at least attend to our personal corner of the universe. If each person does that, the world saves itself!"

We invite our readers to share their views at <u>aadeisnewsletter@gmail.com</u> and look forward to hearing from them!



Consciousness Towards Conservation Biology Through Wildlife Photography Pranay Bhatnagar, Batch: BSc Zoology (2020), MSc Zoology (2022) Currently, Intern, Wildlife Institute of India, Dehradun

It has been emphasized by conservationists and wildlife biologists that each species has a vital role to play in maintaining the ecological balance on Earth. They have cautioned time and again that each species is a significant part of the web and if rendered extinct, can be extremely hazardous to our ecosystem. And therefore, understanding the necessity of wildlife conservation is very crucial.

In my opinion, one of the many ways to stimulate one's consciousness towards conservation biology is through wildlife photography as it combines both visual and psychological elements. Twitter and Instagram are photo-driven social media platforms that can act as powerful tools to impact demographically diverse user crowds and sensitize them towards sensitive issues like the conservation of ecosystems and biodiversity. In my personal experience, these platforms can be very effective if wildlife photographs are uploaded along with awareness-generating educative captions. Wildlife photographs that I captured during my internships and biodiversity indexing at my alma mater not only impacted my peer at that time but also reached people outside the campus through my social media handle. This had even attracted the attention of a young reporter from the *Times of India*, who covered my experience in his article in the year 2020.

Dayalbagh Science of Consciousness is a very significant discussion forum on consciousness at my alma mater, where young scholars and researchers also get an opportunity to present their research. I also made a small attempt to present my topic on the under-represented taxa. Dayalbagh as a 'healthcare habitat' ensures a pollution-free environment for its residents and students who stay in the residential hostel at DEI. During my stay in this serene ecosystem for my undergraduate and postgraduate programs in Zoology, and especially during my farming sessions at DEI, I was fortunate to capture its wide-ranging biodiversity including a rednaped ibis that got featured in the BBC Wildlife magazine as the photo of the day.

Mass media programs very consistently generate awareness for over-represented species; however, I believe, issues entailing the neglected wildlife and the under-represented taxa must be equally represented. It is only when there will be a balanced, fair and equitable representation of the taxa, humans will become collectively conscious of their roles and responsibility towards the aging planet.

Nature's Hand in Deep Listening Gazal Mathur, Pursuing PhD (Consciousness Studies), DEI, Currently, Senior Corporate Trainer



"In a silent morning moment, with a silent voice I pray, to lift a silent sunrise offering on silent wings of grace."

— Mary Davis

When life gets chaotic - why is it that we look towards nature to reclaim our calm? The restorative powers of nature are a well-established fact. We all look towards green pastures and flowing streams when fatigue sets in. The visuals of nature are a constant source of appearement to the senses...but the marvels of nature don't merely end here.

Numerous studies published by the University of Pennsylvania, Elsevier and other renowned journals have concluded that even 15-20 minutes of exposure to nature aids not only in mental relaxation but actually promotes mental acuity and enhanced mathematical ability. Since I am pursuing PhD in Consciousness Studies (DEI), I find myself constantly amazed at the brilliance of the Education Policy of DEI as envisaged by the Revered Founder Director. Every University should endeavour to improve the concentration in all its students. DEI has found the most unique of methods...Dayalbagh Educational Institute is one of the few, if any university, which necessitates rural exposure for all students. This is quite the Masterstroke - as the

exposure to nature's elements not only helps in grounding the student but has the added benefit of enhanced cognition.

Cognition is also of two kinds –

- Mental Cognition (exposure to nature improves concentration)
- Deep Cognition (improved concentration promotes deep listening)

Deep listening may be construed and defined in multiple ways but by and large, it hinges upon a connection deeper than any mental capacity – it is an internal process and involves tuning into not only our own but into the harmony of the universe. It hones into the core of our being and is the stepping stone to higher consciousness. In more recent times, a study has been undertaken wherein young children (3 weeks- 8 years) are exposed to nature's elements morning or evening - this along with them being in the Presence of The Most Revered Spiritual Adept has resulted in a sharp incline in their physical parameters as well as the development of heightened intelligence, social and emotional maturity, as well as intuitive and spiritual faculties. Let's just conclude by saying the sounds of nature are the sounds, or rather, the call of our spirit. It then behoves

all other Educational Institutions to also instil the ability in each student to be able to listen deep.

Mentoring Excellence Program: A Progress Report
Compiled by Pallavi Satsangi Sharma
Batch: MBM, DEI, 1996
Currently, Director, HR Operations, NXP Semiconductors

The objective of **Mentoring Excellence Program** is to bring together alumni of DEI and recently pass out students of the institute, who are in their first year of employment and have just started their professional journey. The focus is to provide holistic and career-based mentoring over the course of the first year of the career of the mentees. The program facilitates the professional development of the mentees by allowing the alumni-mentors to share their insights and experiences for increased job-related well-being and confidence of their mentees. This long-term mentor-mentee relationship helps the mentees achieve their career aspirations. It's been almostnine months since March 2022, when the Mentoring Excellence Program was first piloted by Chandigarh and Delhi NCR chapters and then rolled out for the MBA pass-out batch. Effectively, twelve mentees have completed their session so far, which is 50% of the total number registered for the program. Next Steps: By the end of February 2023, other mentees will be encouraged to connect with their mentors. The feedback on the program will be taken from both mentees and mentors in order to assess and review their experience and progress.

A Snapshot of the Participants



AADEIs Members of Chandigarh & Delhi NCR Chapters during Virtual Session Reviewing Progress of a Projest

Top left to right: Ms. Pallavi Satsangi Sharma, Mr Vivek Nigam, Mr Sugam Saran Saxena Bottom left to right: Ms. Suvira Sinha Singh, Mr Manmohan Khanna, Ms. Poonam Chum



One of the Chandigarh Chapter Virtual Mentoring Sessions in Progress
Top left to right: Ms. Poonam Chum, Mr Manish Singh; Bottom : Mr Manmohan Khanna

One of the Dehi NCR Chapter Virtual Mentoring Sessions in Progress Mr Magendra Pratap Singh with his Mentor Ms. Pallavi Satsangi Sharma



Alumni Bytes

The biggest takeaway from Education in Dayalbagh is...

PATRON

- "...the way of life. DEI makes you a complete human being and teaches you to deal with the responsibilities of life with patience and ease. This is a place where one learns the true meaning of education."
 - Ashish Tewari, Batch: MBM (2000) Currently, Vice-President, Operations Control Unit, Tata AIG General Insurance
- "...the spirit of curiosity so that I am able to use my knowledge to find solutions to real-world problems. Ten years spent at DEI have infused me with life lessons for leading an ethical life."
 - Vyoma Singla, Batch: PGDT (2014), PhD Chemistry (2013), MSc Chemistry (2008) Currently, Project Head, M/s Fibreum India Pvt Ltd; Facilitator, DEI Yamuna Nagar Information Centre

MEMBERS

New Delhi - 110049

Dr. Vasant Vuppuluri

ADVISOR

NEWS COMMITTEES

EDITORS

DEI	CHIEF EDITOR	Dr. Sona Dixit Dr. Sonal Singh Dr. Akshay Kumar Satsangi Dr. Bani Dayal Dhir	Dr. Neha Jain [Dr. Soumya Sinha [Dr. Bhawna Johri Dr. Rohit Rajwanshi Prof. V. Soami Das Prof. Praveen Saxena	Prof. S.K. Chauhan
DEI-ODE (Online & Distance Education)	PATRONS Prof. P.K. Kalra Prof. V.B. Gupta	Prof. S.K. Chauhan Prof. J.K. Verma	Dr. Sonal Singh Dr. Meena Pydal Dr. Lowleen Mal	h Shri Rakesl	yal Dhir h Mehta
DEI Alumni (AADEIs & AAFDEI)	EDITOR Prof. Gur Pyari Jandial	Prof. Sahab Dass		Registered Office : 108, South Ex Plaza - 1, South Extension Part II,	Administrative Office : 1st Floor, 63, Nehru Nagar, Agra - 282002

Design, Layout & e-Publication: Dayalbagh Press

Ms. Shifali Šatsangee